



St Osmund's Catholic Primary School Newsletter

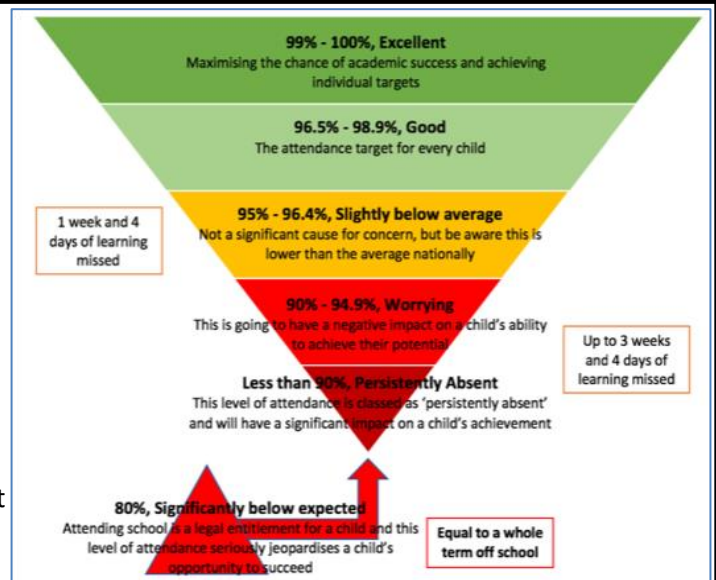


Love for God ~ Love for Each Other ~ Love for Learning

Attendance Matters

Good school attendance is absolutely vital; there is no substitute for face-to-face teaching. St Osmund's attendance average is currently slightly above the average nationally but it can be even better! We target 96% as a minimum which, at this point in the year, means that a child will have **missed a maximum of 5 days** since September.

Did you know that a child in the green areas (right) is over 3x more likely to achieve the top grades than a child in the red areas? *Absence has a huge impact on a child's achievement and currently 12.8% the school are in the lower red zone to the right.* Let's work together to improve this. Please remember, with coughs and colds, children can come in. Vomiting or diarrhoea means being off 48hrs after the last bout. If you would like to see us about how to improve attendance, please do not hesitate to make an appointment.



Swimming Gala Success!

I want to give a big shout out to our amazing swimming team! They participated in the Salisbury Schools' Swimming Gala and guess what? They came out on top! Our KS2 team showed incredible talent and determination, and we couldn't be prouder of them. A special thank you goes to our dedicated teachers, especially Miss Croucher, for leading the event and supporting our talented swimmers. Well done team 😊

Also, for the third time this year (!!) St Osmund's won the sporting values award! This is voted for by other schools and shows what role models our pupils are. We are proud of the children's impeccable representation of St Osmund's.

World Book Day Competition

In preparation for World Book Day, Thursday 7th March, we invite all children to carefully choose a book/comic/magazine from home or the library, that contains their favourite illustrations. We would like the children to design a new front cover for their chosen book on a separate sheet of paper, and these will be judged by illustrator Annaliese Stoney. Prizes will be awarded in each class for the best illustrations! All named entries can be handed in to class teachers between now and World Book Day.

Dolce World Book Day Menu

World book day is on Thursday 07 March 2024 and Dolce have a special menu to mark the day which includes: Robo Hotdog, Mega Monster wrap or Boogie Bear burger with Billionaire Boy potato wedges, followed by Spaceboy cookie or Code Name banana split. There will also be the usual jacket potato and fresh fruit option. Please order your child's choice in the usual way via Schoolgrid.

Verrucae

Although harmless, a verruca is infectious and spreads easily, particularly when children do PE in bare feet. We would ask that you check your child's feet regularly. If you see a wart or verruca please can you let their teacher know and on days when they have PE in the hall or are going swimming cover the verruca over with a plaster to try and limit the spread. Thank you.

Star of the Week Awards

Rec: Sebastian and Antoine
Year 1: Finley and Emma
Year 2: Ridvik and Jessica
Year 3: Ruby-Mai and Olivia
Year 4: Ariana and Theodore
Year 5: Oscar and Polina
Year 6: Lola and Delvin



Dates for your diary...

[www.twitter.com
@St_OsmundsCP](https://www.twitter.com/@St_OsmundsCP)

04.03.24 ~ Parents Evening
05.03.24 ~ Parents Evening
07.03.24 ~ World Book Day
07.03.24 ~ Dolce World Book Day Menu
13.03.24 ~ Reconciliation Service ~ in school
14.03.24 ~ Dolce Super Mario Lunch
20.03.24 ~ Modern Foreign Languages day
21.03.24 ~ Stations of the Cross – school hall
26.03.24 ~ Life Education Visits (PSHE)
28.03.24 ~ Break up end of Term 4 ~ 1:30pm
26.04.24 ~ Chocolate Bingo! ~ 6pm.
05.07.24 ~ International Day!
08-12.07.24 ~ Y6 Residential

Mr R Sanderson
Headteacher

God of light, you sent your Son Jesus to show
us how to live. During this season of Lent
especially, help us to make a change in our
world, so that all people can live free from
poverty and hunger.

Amen

After School Clubs Reminder

Please remember the **all** after school clubs on **Monday 04th and Tuesday 5th March** are cancelled, due to parents evening. Please ensure you have arrangements in place so that your child is collected at 3.15pm on these days.

Safeguarding Team

If you have any concerns about a child's welfare or safety, please speak to a member of the school safeguarding team:

Mr Sanderson – Designated Safeguarding Lead
Mrs Chapman – Deputy Designated Safeguarding Lead
Mrs Sambrook – Deputy Designated Safeguarding Lead
Mrs Windsor – Deputy Designated Safeguarding Lead

Safeguarding children is everyone's responsibility

Keep the lines of communication open with your child. Conversations with your child that are appropriate to their age are key to safeguarding them.

Be aware that the age of criminal responsibility in England and Wales is 10 years old. If you are concerned that your child may be involved in anti-social behaviour, please get in touch with us at school so we can support you and your child.

Road Safety – Lighter Nights

As the days get longer and the weather improves, it's important to remind our children about road safety. With more time spent playing outside, it's crucial that they understand the importance of being cautious near roads. Please take a moment to talk to your child about using designated crossings, looking both ways before crossing, and wearing bright clothing to ensure visibility.

Take a look at these useful resources and websites to remind children of the key safety messages.:

<https://www.think.gov.uk/education-resources/>

<https://www.rasp.co.uk/media/documents/road-safety/teaching-road-safety-a-guide-for-parents.pdf>

St Osmund's Catholic Primary School

Love for God ~ Love for Each Other ~ Love for Learning

Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUY
MILK

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE
BOX

The
National
College



National
Online
Safety

#WakeUpWednesday



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 03.01.2024